



Rewilding the Writer's Soul #5

Lantern & Ledger

Purpose: A soul-calibration ceremony for financially and emotionally foggy times

 **You'll Need:**

A small candle (or tealight)

A notebook or ledger

Optional: your tarot deck, if you want extra clarity

Steps:

Light the lantern (Candle)

Say aloud: "Even in the dark, I see what matters."

The Reality Check (Ledger)

Open your notebook and write down the current state of your "middle time"—your income, your fears, your hopes. No judgment. Just truth.

Ask:

What do I actually have right now?

What is almost working?

What short-term thing might give me some breathing room?

The Hermit's Blessing (Optional Tarot Pull)

Pull one card to ask: What guidance am I missing in the quiet?

(My pull this week was The Hermit, reminding me: The light is not ahead. It's inside.)

Close the Ritual

Blow out your candle and whisper:

"I trust this path—even if it's not visible yet."

